

The attentive brain, the deluded brain – what is reality?

November 4th - 7th, 2015

Venue: Mittelwihr in France,
close to Strasbourg, Freiburg & Basel



Think out of the box and discover new horizons during 3 days at the cross-roads of science and meditation

The Doctoral Schools of the Life Sciences and the Social Sciences-Humanities, University of Strasbourg, invite to a cross-disciplinary discovery workshop to curiosity and openness towards other disciplines and views.

How do we perceive the world? What is reality? What is scientific proof? If your senses get fooled by the magician's trick how about your brain when analyzing your data? Ever wondered why your mind wanders although you decided to focus on an important task? How do we socially construct reality?

Participants will tackle these and more questions during talks and discussion rounds on what we call scientific proof, reasoning, illusion and reality, objectivity and subjectivity, consciousness. Broadening your horizon and using a new way to access the workshop topics, you will explore perception, attention and present moment experience through practical sessions with mindfulness training, a non-secular form of meditation, as a tool. Mindfulness approaches improve attention, working memory capacity, and more. Discover how to experience and be aware of the present moment, to tame your "inner chatter box" and to stay on track and focused.

Target audience

Students from the life sciences, social sciences & humanities, medicine, physics, psychology, philosophy and other disciplines are encouraged to participate.

Speakers cover domains of neuroscience, social sciences & humanities, physics, medicine, psychology and philosophy.

- **Harald Atmanspacher**,
Mind-Matter Research, University and ETH Zurich.
- **Michel Bitbol**,
Archives Husserl, Ecole Normale Supérieure, Paris.
- **Jean Gérard Bloch**, Medical Doctor,
Meditation Teacher in MBSR,
Medical Faculty University of Strasbourg .
- **Tom Froese**,
Department of Computer Science,
University of Mexico.
- **Carsten Mehring**,
Department of Neurobiology and Neurotechnology,
University of Freiburg.
- **Jérôme Trouslard**,
Department of Neurobiology and Neurophysiologie,
University of Marseille.

Organizing committee

Michel Bitbol
Jean-Gerard Bloch
Astrid Lunkes

Registration deadline

Fees include full board and lodging. Free of charge for PhD students from the University of Strasbourg.
24h credits for Doctoral Schools, University of Strasbourg.
www.neurex.org

